SHAPE America Proposal Submission Information

SHAPE America utilizes an established set of criteria during its review of proposals. They include, but are not limited to, the overall quality of the proposal and relevance to the SHAPE America mission; stature of the speakers within the industry; appeal of the content proposed; content overlap with sessions held during the most recent convention; and the completeness of the submission.

Keep in mind that the session title should clearly indicate the nature of a proposed session. In addition, the overview provided should explain what the audience will learn, the focus of the session, as well as what information can be implemented/executed by attending this programmed session. Used as a review tool, please be sure that you list up to three (3) learning objectives participants will achieve in the session.

At the discretion of the SHAPE America Annual Convention Program Committee, all accepted sessions and abstracts will be programmed in the ideal time slot independent of what is requested during the submission. The current time slots available are full-day, half-day, 120-minute, 75-minute, 30-minute, and the newly introduced 15-minute rapid relay session.

Types of Sessions

**Sessions and Workshops**
SHAPE America sessions and workshops highlight quality and innovative practices in our respective fields, are of national significance, are relevant to health and physical education or physical activity disciplines and have a well-defined focus. Sessions of this type will be informal, interactive presentations that emphasize discussion. These sessions are ideally suited for 2-4 speakers.

**Rapid Relay Sessions**
These sessions highlight general planned activities and provide some tools and resources to participants that will enhance the professional development and address the professional interests of those in attendance. These sessions are ideally suited for one speaker.

**Idea Exchange Sessions**
These 30-minute, high-energy interactive sessions are cutting edge and offer attendees a blended learning approach — both a live-learning component and continued discussion and subject matter exploration on Exchange, SHAPE America’s online community. These sessions will be held in an open-access area instead of a classroom/activity room; therefore, no A/V or equipment will be provided. These sessions are ideally suited for 1-2 speakers.
Research – Symposium Sessions
Symposium sessions involve a verbal presentation of a series of related research abstracts by several researchers. Generally, 3-5 researchers will present their related works during a symposium, which can range in length from 1 to 2 hours.

Research – Oral and Poster Sessions
All abstract submissions must describe original, data-based research — quantitative, qualitative, historical, or philosophical — that has been completed at the time of submission and with specific results reported. The paper must not be accepted for publication, or already published, at the time the abstract is submitted, and it must not be presented elsewhere prior to the SHAPE America National Convention & Expo.

An oral session is programmed to allow presenters the opportunity to discuss their research during a 12-minute verbal presentation phase, followed by three minutes to answer questions from participants in each specified timeframe.

Poster sessions allow presenters to display their research projects and findings on a 4’x 8’ poster board in the exhibit hall. During these 90- or 120-minute sessions, presenters facilitate discussions with attendees.

Program Area Categories
The Annual Convention Program Committee has prepared the following information to help you determine the appropriate program area to select when submitting your proposal for consideration. Each overall description was written to clearly identify the type of proposals best suited for the overall category and subsequent subcategory. Be advised that proposals submitted under the Coaching program area would require that proposals link with National Standards for Sport Coaches.
Advocacy
All submissions within this category should have advocacy as the primary focus. That focus will include, but not be limited to, legislative initiatives and policy issues, and will provide access to critical resources for teachers and administrators — adapted/disability/diversity — which benefit communities and schools. These resources will provide the framework for participants to learn how to increase their advocacy impact.

- **Physical Education** – Examples, strategies and ideas that impact and advance physical education policies and programs at the local, state and/or national level, to include adapted physical education, involving any relevant advocacy stakeholder groups.

- **School Health** – Examples, strategies and ideas that impact and advance school health education policies and programs at the local, state and/or national level involving any relevant advocacy stakeholder groups.

- **Physical Activity** – Examples, strategies and ideas that impact and advance school physical activity policies and programs (including recess, before- and after-school programs, physical activity during the school day) at the local, state and/or national level involving any relevant advocacy stakeholder groups.

- **Sport** – Examples, strategies and ideas that impact and advance school sport policies and programs (including coaching education, sport coaching, sport safety, diversity and inclusion) at the local, state and/or national level involving any relevant advocacy stakeholder groups.
Leadership Development
These sessions may include practical and applicable information that provide educational opportunities and facilitate an exchange of ideas.

- **Education-Career Development Sessions** – These sessions identify future training needs and employment trends and provide practical, applicable information for convention participants who run the gamut in their respective fields — from early career to post-doctorates transitioning into careers, those employed, unemployed, self-employed, or retired.

- **General Information Sessions** – These session topics may focus on outreach and communication to increase public awareness and understanding of issues that align with SHAPE America’s objectives.

Physical Education
Strategies for managing and evaluating physical education curricula and teachers, for assessing student growth and developing and implementing an effective K-12 standards-based physical education curriculum, and for preparing physical education professionals for success in P-12 schools, including preparation in the disciplines within kinesiology.

- **Adapted Physical Education** – Strategies and best practices for teaching physical education to students with disabilities.

- **Administration/Supervision/Leadership** – Strategies for managing and evaluating physical education curricula and teachers; unifying teacher needs with school goals to improve student learning.

- **Assessment** – Tools and strategies for evaluating students and physical education programs.

- **Curriculum and Instruction** – Teaching ideas, tools and strategies for measuring student growth and developing and implementing effective K-12 standards-based physical education curriculum and instruction.

- **Dance** – Strategies and ideas for providing dance as a part of physical education.

- **Professional Preparation** – Strategies for preparing physical education professionals for success in P-12 schools, including preparation in the disciplines within kinesiology.

- **Technology** – Appropriate uses of technology for instruction and evaluation in school physical education.
Physical Activity
Strategies and ideas for working with students, faculty, staff, parents and others to engage in physical activity offerings within the school and in the community.

- **Adapted Physical Activity** – Strategies and ideas for providing opportunities for exercise, physical activity and sport before, during and after school for individuals with disabilities.
- **Comprehensive School Physical Activity Programs** – Strategies and ideas for providing supervised, organized activities immediately before or after school (e.g., intramural activity, physical activity clubs). A CSPAP includes physical activity opportunities during the school day, staff involvement, and parent and community involvement. These programs are designed to create systems of change within schools/districts that lead to increased physical activity throughout the school day and environment.
- **Dance (outside of PE)** – Strategies and ideas for providing dance as a form of physical activity before, during or after school.
- **Early Childhood Physical Activity** – Strategies and ideas for providing physical activity throughout the school day that complements physical education and helps students meet the recommended 60+ minutes of physical activity per day (e.g., recess, classroom physical activity breaks).

School Health Education
Strategies for managing and evaluating health education curricula and teachers, curriculum development/implementation, and skills-based health education instructional strategies that meet the needs of all learners.

- **Administration/Supervision/Leadership** – Strategies for managing and evaluating health education curricula and teachers; unifying teacher needs with school goals to improve student learning; implementing school-based employee wellness programs and other components of the WSCC model.
- **Curriculum/Instruction/Assessment** – Curriculum development/implementation and skills-based health education instructional strategies that meet the needs of all learners, including various health education content areas, based on the National Health Education Standards; strategies for assessing student growth.
- **Professional Preparation** – Preparing health education professionals for success in preK-12 schools, including Areas of Responsibility of Certified Health Education Specialists.
- **Technology** – Appropriate uses of technology for instruction and evaluation in school health education.
Sport
Research, strategies and best practices that directly relate to coaching and coach education. For submissions in the Sport subcategories, please use the objectives section to outline how your proposal connects to the National Standards for Sport Coaches.

- **Coaching** – Research, strategies and best practices that directly relate to on-the-field coach and athlete behaviors through any of the eight domains of coaching responsibilities: philosophy and ethics, safety and injury prevention, physical conditioning, growth and development, teaching and communication, sport skills and tactics, organization and administration, and evaluation.

- **Coaching Education** – Research, strategies and best practices that directly relate to the creation, implementation and evaluation of programs designed to educate and train coaches through any of the eight domains of coaching responsibilities: philosophy and ethics, safety and injury prevention, physical conditioning, growth and development, teaching and communication, sport skills and tactics, organization and administration, and evaluation.

Research

- **Adapted Physical Education/Activity** – Studies focused on individuals with disabilities in any facet of physical education, exercise, sport and physical activity.
- **Exercise Sciences** – Studies within exercise physiology, fitness and sports medicine, and physical activity epidemiology.
- **Motivation & Psychology** – Studies centered on motivational and/or psychological issues across a broad spectrum of topics in physical activity settings, including physical education.
- **Movement Behavior & Measurement** – Studies in biomechanics, motor development, motor control, motor learning, and physical activity measurement.
- **Physical Activity & Health Promotion** – Studies focused on physical activity and health-related issues and outcomes, including studies related to dance and adapted physical activity.
- **Sociocultural & Social Justice** – Studies centered on social justice, diversity and cultural issues across a broad spectrum of topics in physical activity settings, including physical education.
- **Sport & Coaching** – Studies in sport management and administration, leisure and recreation, and coaching.
- **Teaching & Learning** – Studies focused on teaching, teacher education, and curriculum.