

2022 SHAPE America National Convention & Expo Schedule At-A-Glance

Tuesday, April 26, 2022		
8:00 a.m.	9:00 a.m.	Session Slot 1
9:15 a.m.	10:15 a.m.	Session Slot 2
10:30 a.m.	11:30 a.m.	Session Slot 3
11:45 a.m.	12:45 p.m.	Session Slot 4
12:45 p.m.	1:15 p.m.	Lunch Break
1:15 p.m.	2:15 p.m.	Session Slot 5
2:30 p.m.	3:30 p.m.	Session Slot 6
4:00 p.m.	5:30 p.m.	General Session
TBD		Ticket Add-On Event

Wednesday, April 27, 2022		
6:45 a.m.	7:45 a.m.	Morning Wellness Session
8:00 a.m.	9:00 a.m.	Session Slot 7
9:00 a.m.	9:30 a.m.	Exclusive Exhibit Hall Hours
9:30 a.m.	10:30 a.m.	Coffee Talks (in Exhibit Hall)
10:45 a.m.	11:45 a.m.	Session Slot 8
12:00 p.m.	1:00 p.m.	Session Slot 9/Exhibit Hall Closed)
1:00 p.m.	2:00 p.m.	Lunchtime Break/Exclusive Hall Hours
2:00 p.m.	3:00 p.m.	Session Slot 10
3:15 p.m.	4:15 p.m.	Session Slot 11
4:30 p.m.	5:30 p.m.	Session Slot 12
6:00 p.m.	8:00 p.m.	Opening Celebration

Thursday, April 28, 2022		
6:45 a.m.	7:45 a.m.	Morning Wellness Session
8:00 a.m.	9:00 a.m.	Session Slot 13
9:00 a.m.	9:30 a.m.	Exclusive Exhibit Hall Hours
9:30 a.m.	10:30 a.m.	Coffee Talks (in Exhibit Hall)
10:45 a.m.	11:45 a.m.	Session Slot 14
12:00 p.m.	1:00 p.m.	Session Slot 15/Exhibit Hall Closed)
1:00 p.m.	2:00 p.m.	Lunchtime Break/Exclusive Hall Hours
2:00 p.m.	3:00 p.m.	Session Slot 16
3:15 p.m.	4:15 p.m.	Session Slot 17
4:30 p.m.	5:30 p.m.	Session Slot 18
6:00 p.m.	8:00 p.m.	health. moves. minds. Social

Friday, April 29, 2022		
6:45 a.m.	7:45 a.m.	Morning Wellness Session
8:00 a.m.	9:00 a.m.	Session Slot 19
9:00 a.m.	9:30 a.m.	Exclusive Exhibit Hall Hours
9:30 a.m.	10:30 a.m.	Coffee Talks (in Exhibit Hall)
10:45 a.m.	11:45 a.m.	Session Slot 20
12:00 p.m.	1:00 p.m.	Session Slot 21
1:00 p.m.	1:30 p.m.	Lunchtime Break (Hall Not Open)
1:30 p.m.	2:30 p.m.	Session Slot 22
2:45 p.m.	3:45 p.m.	Session Slot 23
4:00 p.m.	5:30 p.m.	Closing Session/TOY Announcement
5:45 p.m.	7:00 p.m.	Mix and Mingle Social

Saturday, April 30, 2022		
8:00 a.m.	9:00 a.m.	Session Slot 24
9:15 a.m.	10:15 a.m.	Session Slot 25
10:30 a.m.	11:30 a.m.	Session Slot 26
TBD		Ticket Add-On Event

