

CHES®/MCHES® CECH Approved Program List

Please note: Session titles in the program not listed below are not approved for CECH

#	Title	Date	Start	End	CECH (Entry)	CECH (Advanced)
1	HEPPS: Including SEL into Your Higher Education Curriculum	4/13	2:00 p.m.	2:45 p.m.	0.75	0
2	WSCC- How is it working in your school district?	4/14	11:30 a.m.	12:15 p.m.	0.75	0
3	2020 SHAPE America Health Education Teachers of the Year: Assessment Action in Health (Part 1)	4/14	11:30 a.m.	12:15 p.m.	0.75	0
4	Developing Healthy Habits: Sleep, Physical Activity, Screen Time and Breakfast	4/14	11:30 a.m.	12:15 p.m.	0.75	0
5	In this together: Creating impactful partnerships between teachers and researchers	4/14	11:30 a.m.	12:15 p.m.	0.75	0
6	Moving Upstream: Health Education in a COVID 19 World	4/14	11:30 a.m.	12:15 p.m.	0.75	0
7	Virginia is for Movers! Active Classroom Strategies for All Ages	4/14	11:30 a.m.	12:15 p.m.	0.75	0
8	2020 SHAPE America Health Education Teachers of the Year: Assessment Action in Health (Part 2)	4/14	1:00 p.m.	1:45 p.m.	0.75	0
9	21 Best Practices for Creating Effective Social Media Content	4/14	1:00 p.m.	1:45 p.m.	0.75	0
10	Infusing Urban School Wellness Education into HPE Teacher Training	4/14	1:00 p.m.	1:45 p.m.	0.75	0
11	Mutually Beneficial Campus/Community Practices Lessons Learned and Future Visions	4/14	1:00 p.m.	1:45 p.m.	0.75	0
12	Optimizing the Online Learning Environment for Health and Physical Educators	4/14	1:00 p.m.	1:45 p.m.	0.75	0
13	Prioritizing social-emotional learning for Elementary HPE in response to COVID-19	4/14	1:00 p.m.	1:45 p.m.	0.75	0
14	Teaching the 21st Century Stressed Learner with Skills-Based Lessons	4/14	1:00 p.m.	1:45 p.m.	0.75	0
15	Reaching all students: Teaching culturally relevant health education	4/14	3:30 p.m.	4:14 p.m.	0.75	0
16	Consent 101: A Skills-Based Approach to Teaching Consent	4/14	3:30 p.m.	4:15 p.m.	0.75	0
17	Teaching SEL in the Skills-based Classroom.	4/14	3:30 p.m.	4:15 p.m.	0.75	0

18	Planning for Learning: A Progressive Approach to Teaching Lesson Planning	4/14	5:30 p.m.	4:15 p.m.	0.75	0
19	Using Mobile Applications in HPE	4/14	5:30 p.m.	6:15 p.m.	0.75	0
20	Student Empowerment Through Health Education: Vaping Prevention Service Learning Projects	4/14	5:30 p.m.	6:15 p.m.	0.75	0
21	Culturally Responsive Pedagogy and Racial Literacy in Health and PE	4/15	11:30 a.m.	12:15 p.m.	0.75	0.75
22	If You Don't Snooze You Lose	4/15	11:30 a.m.	12:15 p.m.	0.75	0
23	Many Voices Initiative	4/15	11:30 a.m.	12:15 p.m.	0.75	0.75
24	Not Your Grandma's Special Olympics: Inclusion through PE, Sport, Health	4/15	11:30 a.m.	12:15 p.m.	0.75	0
25	Skills-Based Depression Education as Suicide Prevention	4/15	11:30 a.m.	12:15 p.m.	0.75	0
26	Utilizing Service-Learning Experiences to Build Sustained Partnerships in Health Education	4/15	11:30 a.m.	12:15 p.m.	0.75	0
27	Walk the Talk of Inclusion and Connection in Health	4/15	11:30 a.m.	12:15 p.m.	0.75	0
28	Equitable Student Access to Curriculum: App Accessibility & Inclusion Features	4/15	1:00 p.m.	1:45 p.m.	0.75	0
29	How to Teach Inclusive, Sex-Positive, Medically Accurate Sexual Health Education	4/15	1:00 p.m.	1:45 p.m.	0.75	0
30	Come Together, Again: Social Interaction in a Post-COVID World.	4/15	1:00 p.m.	1:45 p.m.	0.75	0
31	Embracing the Unknown and Charging Forward	4/15	1:00 p.m.	1:45 p.m.	0.75	0
32	Discussing Social Norms with K-12 Learners	4/15	3:30 p.m.	4:15 p.m.	0.75	0
33	Health moves minds...in action!	4/15	3:30 p.m.	4:15 p.m.	0.75	0
34	Online Skills-Based Health - Where to Start?	4/15	3:30 p.m.	4:15 p.m.	0.75	0
35	Suicide Talk; a Conversation to Create Awareness	4/15	5:30 p.m.	6:15 p.m.	0.75	0
36	Measuring the Skill-based Health Education Standards: We Can Do It!	4/15	5:30 p.m.	6:15 p.m.	0.75	0
37	Technologically competent PETE/HETE students: Including hybrid and virtual teaching skills	4/15	5:30 p.m.	6:15 p.m.	0.75	0
38	Let's Get It On: Overcoming Challenges of Sexual Health Programs	4/16	11:30 a.m.	12:15 p.m.	0.75	0
39	Creating Positive Practices to Reduce Unconscious Bias	4/16	1:00 p.m.	1:45 p.m.	0.75	0
40	Creating Your Best K-12 Health Curriculum	4/16	1:00 p.m.	1:45 p.m.	0.75	0

41	Planning a Skills-Based/SEL Lesson From Start to Finish!	4/16	1:00 p.m.	1:45 p.m.	0.75	0
42	Professional Development to Increase Classroom Teachers' Use of Physical Activity	4/16	1:00 p.m.	1:45 p.m.	0.75	0.75
43	Transitioning face-face PE classes to online live PE	4/16	1:00 p.m.	1:45 p.m.	0.75	0
44	Best practices promoting wellness on your campus communities	4/16	3:30 p.m.	4:15 p.m.	0.75	0
45	Establishing an Advisory Council to Support Teacher Preparation Programs	4/16	3:30 p.m.	4:15 p.m.	0.75	0.75
46	SHAPE America Advocacy During COVID	4/16	3:30 p.m.	4:15 p.m.	0.75	0.75
47	How To Make Your Class A Real Catch	4/16	3:30 p.m.	4:15 p.m.	0.75	0
48	Teaching Healthy Relationships in Secondary Health Education	4/16	3:30 p.m.	4:15 p.m.	0.75	0
49	Students, Stress Mindset, and Well-being	4/16	5:30 p.m.	6:15 p.m.	0.75	0
50	Gender Equity: Align Your Policy with Title IX Intent	4/16	5:30 p.m.	6:15 p.m.	0.75	0
51	GLOBAL AWARENESS THROUGH DANCE	4/16	5:30 p.m.	6:15 p.m.	0.75	0.75
52	I to Us: Movement Strategies to Develop PreK Social Skills	4/16	5:30 p.m.	6:15 p.m.	0.75	0
				Total	39	4.5