

## CHES®/MCHES® CECH Approved Program List

*\*\*Please note: Session titles in the program not listed below are not approved for CECH\*\**

#	Title	Date	Start	End	CECH (Entry)	CECH (Advanced)
1	Dr. Health and Her Super Powers! Engaging in Active Health	7/31	8:00 a.m.	9:00 a.m.	1	1
2	A Teacher's Role in Eliminating Issues with Student Bullying	7/31	8:00 a.m.	9:00 a.m.	1	0
3	Trauma-Informed Care: A Crucial Consideration for Social and Emotional Learning	7/31	8:00 a.m.	9:00 a.m.	1	1
4	Creating Active Social and Emotional Learners in Health Ed	7/31	8:00 a.m.	9:00 a.m.	1	0
5	Integrating Mental Health Education into Health and Physical Education	7/31	9:15 a.m.	10:15 a.m.	1	1
6	Cultural Competency & Mental Health Disparities	7/31	9:15 a.m.	10:15 a.m.	1	0
7	Universal Design: Creating Lessons to Include All Learners	7/31	9:15 a.m.	10:15 a.m.	1	0
8	Leveraging Title IV-A Funding to Support SEL and Movement	7/31	9:15 a.m.	10:15 a.m.	1	1
9	SEL-ing in Physical Education	7/31	1:00 p.m.	2:00 p.m.	1	0
10	Self-Regulation and Behavior Change Comes From Interpersonal Connection	7/31	1:00 p.m.	2:00 p.m.	1	0
11	Watch Your Language	7/31	2:15 p.m.	3:15 p.m.	1	0
12	Outrageous Teaching Techniques: Emotional Health Education	7/31	2:15 p.m.	3:15 p.m.	1	0
13	RC in PE: A Student-Centered Approach to Physical Education	7/31	3:30 p.m.	4:30 p.m.	1	1
14	Learning to Live and Love Yourself Through Every Emotion	7/31	3:30 p.m.	4:30 p.m.	1	0
15	Indulge in the Debauchery: Sex Ed Resources for Health!	7/31	4:45 p.m.	5:45 p.m.	1	1
16	LGBTQIA+ Youth & Mental Health	7/31	4:45 p.m.	5:45 p.m.	1	0

17	Success Through Focus: Breathing Techniques	8/1	8:00 a.m.	9:00 a.m.	1	0
18	TPSR: Implementing a Time-Tested Social and Emotional Learning Framework	8/1	8:00 a.m.	9:00 a.m.	1	1
19	"I Don't Care if They're Black/Brown, Pink or Polka Dot"	8/1	9:15 a.m.	10:15 a.m.	1	0
20	Connecting Skills-Based Health, SEL and Restorative Justice Best Practices	8/1	9:15 a.m.	10:15 a.m.	1	1
21	Social Awareness of Food Allergies and Cultural Food Choices	8/1	9:15 a.m.	10:15 a.m.	1	0
22	HPE, PBIS, and MTSS: It's All Alphabet Soup to Me!	8/1	10:30 a.m.	11:30 a.m.	1	1
23	You May Be Teaching SEL but Are You Assessing It?	8/1	10:30 a.m.	11:30 a.m.	1	1
24	Working Our Way up and Within in Health Education	8/1	10:30 a.m.	11:30 a.m.	1	1
25	Social and Emotional Learning Starts in Health Education	8/1	1:00 p.m.	2:00 p.m.	1	1
26	Ace the Face-to-Face: Communicating with Generation Z	8/1	1:00 p.m.	2:00 p.m.	1	0
27	A Primer for Teaching a Skills-Based Approach in Health Education ( <i>ticket required</i> )	8/1	1:00 p.m.	5:00 p.m.	4	4
28	Pure Power: Integrating SEL Competencies Through Mindfulness & Mindful Movement ( <i>ticket required</i> )	8/1	1:00 p.m.	5:00 p.m.	4	0
29	Bringing Social and Emotional Learning Competencies Alive Through Skills-Based Health Education	8/1	2:15 p.m.	3:15 p.m.	1	1
30	Make the Connection! Action Plans for Advocacy	8/1	2:15 p.m.	3:15 p.m.	1	1